



- Prevention infection in care settings

Standard infection control precautions (SCIPs)

Hand hygiene
Personal Protective Equipment (PPE)
Prevent occupational exposure
Management of blood and body fluid spillages
Safe management of care equipment
Safe management of the care environment
Safe disposal of waste
Safe handling of linen
Patient placement
Cough and respiratory hygiene

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01387 249111

• www.caretrain.co.uk

• info@caretrain.co.uk

Always carry out hand hygiene

- Before touching a person
- Before clean /aseptic techniques
- Avoid body fluid exposure
- After touching a person
- After touching a person's surroundings

Respiratory and cough hygiene

Coughing and sneezing is our body trying to get rid of harmful microbes from the nose , throat and lungs

Catch it, kill it, bin it

Use a disposable tissue to catch your sneeze or cough

Discard tissues immediately after use

Encourage and assist others to adopt good respiratory practices

Keep contaminated hands away from the eyes and nose

Perform hand hygiene

Personal Protective clothing

Wearing of gloves and apron is a requirement of Health and safety Legislation

Worn when exposure to blood and body fluids is anticipated or likely

Changed for each new individual and task

Appropriate for use and well fitting

Safe management of Care equipment, environment, linen

- Communal equipment must be cleaned between use of different people
- After fluid contamination.
- Environment must be clean and dry, and where possible clear from litter, eg. Toilets, kitchens and waste bins to prevent infection.
- Use of detergent cleaning solution
- Perform hand hygiene after cleaning tasks
- **Do not shake**, or sort linen following removal from bed, place linen on the floor, re-handle once bagged, overfill laundry baskets
- For contaminated waste use water soluble bags which can be put directly into washing machine.
- Do follow guidelines of company

Safe management of fluid spillages

- Deal with spillages immediately
- Use PPE
- Follow product/ management's instruction on disinfectant and detergent solution
- Follow procedure from work place
- Perform hand hygiene on removal of all PPE

Safe disposal of waste

- Wear disposable gloves and apron when dealing with waste
- Never overfill waste bins
- Always wash hands immediately after handling waste.
- Use companies policies in disposal of waste