

A collage of four circular photographs. The top-left photo shows a woman in a white NHS uniform holding a gift. The top-right photo shows three people smiling. The bottom-left photo shows a man at a desk with laptops. The bottom-right photo shows a woman in a white apron working in a kitchen.

Care Training & Consultancy CIC

**Products &
Service Guide**



WELCOME TO CTC

A leading provider of training and education for both the Health and Social Care sector and the wider business community, based in Dumfries and Galloway with a Scotland wide reach. As an SQA approved centre we also offer a wide variety of SVQ's and PDA's.

CONTENT

Explore our range of courses in Health and Social Care and Business to improve your team's skills, safety and performance in the workplace.

TRAINING

Health & Social Care

Health & Safety

Business Development

First Aid

Mental Health



Health and Social Care Training

provides training in:

Support of Vulnerable Groups
Behaviour



courses



ABOUT US

We pride ourselves in delivering a wide selection of skills training courses to organisations in the Health and Social Care sector as well as other businesses across Dumfries and Galloway



WHO WE ARE

Our expert trainers and assessors have extensive professional experience spanning health, social care, and higher education. As a small team we are passionate about creating and providing learning opportunities for learners that enhance the role they have in the workplace.



WHAT WE DO

We aim to meet individual and organisational learning needs by providing a comprehensive portfolio of training and SVQ provision, with a high emphasis on creating positive learning environments in which individuals can thrive and flourish.

SVQs

Social Services & Health Care

Business & Administration

Management

Assessor & IV

Volunteer

Employability

WHERE TO FIND US

Grierson House, The Crichton, Bankend Road,
Dumfries and Galloway, DG1 4ZE

Tel: 01387 249111

Email: info@caretrain.co.uk

www.caretrain.co.uk





HEALTH & SOCIAL CARE TRAINING

Our courses cover the fundamentals of working in a care environment and are designed to equip professionals with the skill to carry out the highest quality service. Learn to safeguard vulnerable groups and play a valuable role in improving their standard of living.

Care Planning

Foot Care

Dementia Awareness

Diabetes Awareness

Epilepsy Awareness

Infection Control

Medication

Moving and Handling of People

Moving and Handling of People Update

Nutrition and Hydration Awareness

Palliative Care & End of Life

Personality Disorder Awareness

Quality Improvement Within Your Service

Roles and Responsibilities of a Carer

Scottish Manual Handling Passport Scheme

Support & Protection of Vulnerable Groups

Tissue Viability

Vital Signs

Working with Challenging Behaviour

HEALTH & SAFETY TRAINING

Help your business remain in compliance with modern health and safety standards and ensure you maintain a safe workplace. Our courses cover responsibilities as an employer, safety risks for staff at all levels and the importance of following procedures.

- Fire Safety
- Health & Safety
- Moving & Handling Objects
- Risk Assessment
- REHIS Elementary Food Hygiene

FIRST AID TRAINING

Learn the skills to stay confident, focused and effective in life threatening moments. Put safety first in your workplace and learn from experienced trainers on courses designed to create memorable and engaging learning suitable for all workplaces

- Anaphylaxis Management
- Basic Life Support & Automated External Defibrillator
- Emergency First Aid
- First Aid at Work (3 Day) – Nuco Certificated
- First Aid at Work Requalification (2 Day) – Nuco Certificated
- Paediatric First Aid



BUSINESS DEVELOPMENT TRAINING

Our expert lead courses focus on the leadership, teamwork and communication skills you need to succeed in the world of business. Gain the knowledge you need to secure employment or progress your business career in a range of roles and industries.

- 4 Day Leadership & Management
- Building Resilience in Young People
- Communication Skills
- Communication, Assertiveness and Resilience
- Customer Care
- GDPR
- Managing Conflict & Expectations
- Personal Professional Development Planning
- Public Speaking
- Team Working

MENTAL HEALTH FIRST AID TRAINING

Many people will be struggling with mental health as we return to work, having the right resources in place can be crucial for when people need it most. Our expert trainers help you develop the skills to identify and assist when team members need professional support.

Awareness of First Aid for Mental Health
– *Nuco Certified*

First Aid for Mental Health
– *Nuco Certified*

First Aid for Youth Mental Health
– *Nuco Certified*

Supervising/Leading First Aid for Mental Health
– *Nuco Certified*

SOCIAL SERVICES & HEALTH CARE SVQ & PDA

Prepare for a successful career in Health and Social Care with SVQ's and PDA's designed to help learners become knowledgeable and confident care professionals. Learn the skills required to protect vulnerable groups and provide the highest quality care at all times.

SVQ Social Services & Health Care SCQF Level 6

SVQ Social Services & Health Care SCQF 7**

SVQ Social Services & Health Care SCQF Level 9**

SVQ Social Services (Children & Young People) SCQF Level 7**

SVQ Social Services (Children & Young People) SCQF Level 9**

SVQ in Care Services Leadership and Management for Care Services at SCQF 10**

PDA Health and Social Care: Administration of Medicine SCQF level 7

PDA Health and Social Care Supervision SCQF level 7

PDA Promoting Excellence in Dementia Skilled Practice SCQF level 7



BUSINESS & ADMINISTRATION SVQ

Develop the communication, time management and administration skills to excel in an office environment with specialist SVQ's and PDA's. Learn from experienced assessors that help you gain confidence in IT, document management, business procedures and customer service and more.

SVQ Business & Administration SCQF Level 5

SVQ Business & Administration SCQF Level 6

SVQ Business & Administration SCQF Level 8



MANAGEMENT SVQ & PDA

Take your career to the next level with our specialist management courses and gain internationally recognised qualifications. Learn to develop relationships, perform delegation and increase productivity in workplaces that focus on delivering high-quality leadership.

PDA in Leadership and Management of the Work of Others SCQF Level 7

SVQ in Management SCQF Level 7

SVQ in Management SCQF Level 9

SVQ in Team Leading SCQF Level 5

PDA in Leading Change SCQF Level 9



ASSESSOR & IV AWARDS

Assessor and Internal Verifier Awards are accredited by the SQA and mirror National Occupational Standards that help you achieve consistent quality assurance in your workplace. Internally monitor work assessed training and approve team members for qualifications.

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Assessor Verifier Award SCQF Level 7

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Internal Verifier Award SCQF Level 8

OTHER AWARDS

Our volunteer courses are the perfect first step for a career in care – no matter your background. Our experienced assessors equip learners with skills and experiences that help them succeed in future paths of employment or further education.

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Volunteer Award SCQF Level 3

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Volunteer Award SCQF Level 4

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Volunteer Award SCQF Level 5

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Employability Award SCQF Level 3

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Employability Award SCQF Level 4





FUNDING

SAAS funding available for selected courses

**SAAS Funding Available

**For more information, please visit our website
or contact info@caretrain.co.uk**

Health and Social Care Training

CTC provides training in:

- First Aid Training
- Support and Protection of Vulnerable Groups
- Managing Challenging Behaviour
- Dementia Awareness
- Personal Care
- Manual Handling
- Food Safety
- Medication
- Infection Control
- Palliative Care

and other related courses



WANT TO GROW YOUR BUSINESS?

Whatever your training needs may be our combination of classroom, online & vocational learning will make CTC the ideal partner for you.

OTHER NEEDS?

If you have any specific requirements that are not listed, please get in touch to discuss how we can tailor a unique package to fit your needs.

Contact us today on **01387 249111** or **info@caretrain.co.uk** to discuss your training needs and find the right blend for your business.





Contact Us

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